

**NOV ELEM 2016
MONDAY**

TUESDAY

WEDNESDAY

**KANAWHA COUNTY SCHOOLS
THURSDAY FRIDAY**

<p>31 Sausage Biscuit Asst Cereal, Fruit, Juice, Milk</p> <p>Chicken Nuggets Garlic Mashed Potatoes Carrot Coins WG Roll Garden/Fruit Bar Milk & Water</p>	<p>1 Zucchini Bread Assorted Cereal, Fruit, Juice, Milk</p> <p>Ham & Cheese Wrap Lettuce, Tomato Crinkle Cut Fries Apple Slices Garden/Fruit Bar Milk & Water</p>	<p>2 Pancake on a Stick Asst Cereal, Fruit, Juice, Milk</p> <p>French Bread Pizza Corn, Garden Salad Fresh Pear Garden/Fruit Bar Milk & Water</p>	<p>3 MVP Breakfast Asst Cereal, Fruit, Juice, Milk</p> <p>Spaghetti w Meat Sauce Steamed Broccoli w Cheese WG Breadstick Strawberries w Bananas Garden/Fruit Bar Milk & Water</p>	<p>4 Cinnamon Puffs Asst Cereals, Fruit, Juice, Milk</p> <p>Hot Dog on WG Bun Chili, Coleslaw Vegetarian Beans Garden/Fruit Bar Milk & Water</p>
<p>7 Blueberry Muffin Asst Cereal, Fruit, Juice, Milk</p> <p>Breaded Chicken Patty on WG Bun Lettuce, Tomato, Onion Seasoned Potato Wedges Fruit Mix Garden/Fruit Bar Milk & Water</p>	<p>8</p>  <p>No School</p>	<p>9 Breakfast Pizza Asst Cereal, Fruit, Juice, Milk</p> <p>Beef Tacos Salsa, Sour Cream Refried Beans, Spanish Rice Garden/Fruit Bar Milk & Water</p>	<p>10 Cinnamon Roll Asst.Cereal, Fruit, Juice, Milk</p> <p>Homemade Pepperoni Roll Seasoned Broccoli w/ Cheese Yogurt, Applesauce Garden/Fruit Bar, Milk & Water</p> <p>2 Hr. Early Out</p>	<p>11</p>  <p>Veterans Day</p> <p>No School</p>
<p>14 Breakfast Burrito w Salsa Asst Cereal, Fruit, Juice, Milk</p> <p>Corn Dog Deluxe Macaroni & Cheese Parslied Carrots Seasoned Peas Garden/Fruit Bar Milk & Water</p>	<p>15 WG Bagel w Cream Cheese Asst Cereal, Fruit, Juice, Milk</p> <p>Savory Salisbury Steak smothered w Brown Gravy Garlic Mashed Potatoes Seasoned Green Beans WG Roll Garden/Fruit Bar Milk & Water</p>	<p>16 French Toast Minis Asst Cereal, Fruit, Juice, Milk</p> <p>Cheese Pizza Wedge Seasoned Broccoli w Cheese Seasoned Corn Fruit Mix Garden/Fruit Bar Milk & Water</p>	<p>17 Scrumptious Coffee Cake Assorted Cereal, Fruit, Juice, Milk</p> <p>Thanksgiving Dinner Oven Roasted Turkey Savory Cornbread Stuffing Mashed Potatoes Seasoned Green Beans Seasoned Corn,WG Rolls Pumpkin Pie w Whipped Topping</p>	<p>18 Banana Bread Asst Cereal, Fruit, Juice, Milk</p> <p>Beef Burrito, Salsa, Sour Cream Lettuce, Tomato ,Refried Beans Celebration Cake w Icing Ice Cream, Garden/Fruit Bar Milk & Water</p>  <p>Birthday Lunch</p>
<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>NO SCHOOL</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p>  <p>HAPPY THANKSGIVING!</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28 Mini Waffles Asst Cereal, Fruit, Juice, Milk</p> <p>Ham & Cheese Sandwich Lettuce Tomato Crinkle Cut Fries Marinated Vegetable Salad Pineapple Tidbits Garden/Fruit Bar,Milk & Water</p>	<p>29 Fruit Strudel, Yogurt Asst Cereal, Fruit, Juice, Milk</p> <p>Chili Chips & Cheese Lettuce, Tomatoes, Onions, Salsa Pinto Beans Spanish Rice Garden/Fruit Bar Milk & Water</p>	<p>30 Sausage Biscuit Asst Cereal, Fruit, Juice, Milk</p> <p>Breaded Chicken Patty on WG Bun Lettuce, Tomato, Onion Baby Carrots w Ranch Dressing Baked Beans,Apple Slices Garden/Fruit Bar Milk & Water</p>	<p>Assortment of fresh fruits and vegetables available daily on Garden/Fruit Bar</p>	

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No file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY).
USDA is an equal opportunity provider and employer.