




**MARCH ELEM 2017
MONDAY**

TUESDAY

WEDNESDAY

**KANAWHA COUNTY SCHOOLS
THURSDAY FRIDAY**

<p>27 Sausage Biscuit, Assorted Cereal, Fresh Fruit, Juice, Milk</p> <p>Chicken Tenders Mashed Potatoes w/gravy Seasoned Peas Chilled Peach Cup Fruit & Garden Bar, Milk & Water</p>	<p>28 French Toast Sticks w/ Syrup, Assorted Fresh Fruit, Juice, Milk</p> <p>Rotini, Seasoned Spinach Garlic Toast, Lime Jell-O w/pears Fruit & Garden Bar, Milk & Water</p> 	<p>Banana Berry Muffins, Assorted Fresh Fruit, Juice, Milk</p> <p>1</p> <p>Crispy Fish Sticks, Creamy Coleslaw, Mac & Cheese, Savory Carrots, Strawberry Cup <u>Fruit & Garden Bar, Milk & Water</u></p> <p>Prek Round-Up No Prek</p>	<p><i>DR. SEUSS B-DAY</i> Green Eggs & Ham</p> <p>2</p> <p>Fresh Fruit, Juice, Milk</p> <p>Cheeseburger WG Bun Lettuce, Tomato, Onion Calico Beans, French Fries, Ice Cream Fruit & Garden Bar, Milk & Water</p>	<p>Cinnamon Puffs, Assorted Cereal, Fresh Fruit, Juice, Milk</p> <p>3</p> <p>Vegetable Soup w/Saltines Grilled Cheese, Broccoli & Cheese Fresh Apple <u>Fruit & Garden Bar, Milk & Water</u></p> <p>2 Hr Early Out</p>
<p>6 Breakfast Pizza, Assorted Fresh Fruit, Juice, Milk</p> <p>Corn Dog, Mac & Cheese, Spinach Northern Beans w/ Cornbread Chilled Peach Cup <u>Fruit & Garden Bar, Milk & Water</u></p> <p>Bookfair Begins</p>	<p>7 Pancake on a Stick, Assorted Fresh Fruit, Juice, Milk</p> <p>Powerhouse Chili Baked Russet Potato Broccoli & Cheese Nacho Chips w/ Salsa Fruit & Garden Bar, Milk & Water</p>	<p>8 Bagel w/ Cream Cheese, Assorted Fresh Fruit, Juice, Milk</p> <p>Chicken Drumsticks Mashed Potatoes & Gravy Seasoned Green Beans School Made Roll Mixed Fruit Fruit & Garden Bar, Milk & Water</p>	<p>9 Scrambled Egg, Salsa, Hashbrown, Toast, Fresh Fruit, Juice, Milk</p> <p>Spaghetti w/ Meat Sauce Mixed Green Salad w/ Croutons Savory Carrots Texas Toast Fruit & Garden Bar, Milk & Water</p>	<p>10 Pancakes w/ Blueberries Syrup, Fresh Fruit, Juice, Milk</p> <p>Scrambled Egg, Biscuit & Gravy Country Potatoes, Yogurt, Pancakes Hot Cinnamon Apples <u>Fruit & Garden Bar, Milk & Water</u></p> <p>Bookfair Ends</p>
<p>13 Hot Oats, Cinnamon Toast, Assorted Fresh Fruit, Juice, Milk</p> <p>Crispy Chicken Nuggets Mashed Potatoes, Seasoned Peas School Made Roll Apple Crisp Fruit & Garden Bar, Milk & Water</p>	<p>14 MVP Donut, Yogurt, Assorted Fresh Fruit, Juice, Milk</p> <p>Walking Taco Lettuce, Tomato, Onion Sour Cream, Salsa, Nacho Chips Mexicali Corn, Refried Beans Applesauce Cup Fruit & Garden Bar, Milk & Water</p>	<p>15 Breakfast Pizza Asst. Fresh Fruit, Juice, Milk</p> <p>Chicken & Noodles Caesar Salad, Biscuit Honey Glazed Carrots, Mixed Fruit Fruit & Garden Bar, Milk & Water</p>	<p>16 Biscuit & Gravy, Assorted Fresh Fruit, Juice, Milk</p> <p>Pepperoni/Cheese Roll String Cheese or Yogurt Rainbow Pepper Strips Broccoli w/ Parmesan Strawberry & Bananas Fruit & Garden Bar, Milk & Water</p>	<p>17 Egg & Cheese Croissant, Assorted Fresh Fruit, Juice, Milk</p> <p>Baked Fish Filet Sandwich Coleslaw Crinkle Cut Fries Seasoned Spinach Lime Sherbet Fruit & Garden Bar, Milk & Water</p>
<p>20 School Made Blueberry Muffin, Assorted Fresh Fruit, Juice, Milk</p> <p>Chicken Parmesan over Noodles School Made Garlic Breadstick California Veggie Blend Spinach Salad w/ Grape Tomato Applesauce Fruit & Garden Bar, Milk & Water</p>	<p>21 Waffle Sticks w/ Syrup, Assorted Fresh Fruit, Juice, Milk</p> <p>Field Trip</p> <p>Pigs in a Blanket Sweet Potato Fries Vegetarian Beans Corn on the Cobb, Strawberries Fruit & Garden Bar, Milk & Water</p>	<p>22 Chex Mix, Yogurt, Assorted Fresh Fruit, Juice, Milk</p> <p>Chicken Teriyaki, Egg Roll Stir Fry Vegetables Wild Rice Mandarin Oranges Fruit & Garden Bar, Milk & Water</p>	<p>23 Egg, Cheese & Sausage Breakfast Wrap w/ Salsa, Assorted Fresh Fruit, Juice, Milk</p> <p>Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Seasoned Green Beans Blueberry Cheesecake Tart Fruit & Garden Bar, Milk & Water</p>	<p>24 School Made Cinnamon Roll, Assorted Fresh Fruit, Juice, Milk</p> <p>Cheese Pizza, Caesar Salad Savory Carrots, Fruit Mix Fruit & Garden Bar, Milk & Water</p> 
<p>27 Ham & Cheese Biscuit, Assorted Fresh Fruit, Juice, Milk</p> <p>Salisbury Steak, Mashed Potatoes Seasoned Sweet Corn School Made Roll, Apricots Fruit & Garden Bar, Milk & Water</p> 	<p>28 Bagel w/ Cream Cheese, Assorted Fresh Fruit, Juice, Milk</p> <p>Crispy Chicken Sandwich Lettuce, Tomato, Onion Red Roasted Potatoes Seasoned Peas Pineapple Tidbits Fruit & Garden Bar, Milk & Water</p>	<p>29 Breakfast Pizza, Assorted Fresh Fruit, Juice, Milk</p> <p>Hamburger on WG Bun Lettuce, Tomato, Onion Rainbow Pepper Strips Pinto Beans & Cornbread Chilled Peaches Fruit & Garden Bar, Milk & Water</p>	<p>30 Fruit & Yogurt Parfait, Assorted Fresh Fruit, Juice, Milk</p> <p>Italian Pasta Bake Seasoned Spinach Savory Carrots Garlic Bread Strawberries w/ Topping Fruit & Garden Bar, Milk & Water</p>	<p>31 Pancakes w/ Blueberry Syrup, Assorted Fresh Fruit, Juice, Milk</p> <p>Crispy Fish Sticks, Coleslaw Macaroni & Cheese California Blend Cake & Ice Cream <u>Fruit & Garden Bar, Milk & Water</u></p> <p>Birthday Lunch</p>

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