



NEWSLETTER

FROM THE DESK OF DR. HARPER...

September is here, and just like a football team gearing up for the big game, it's time for us to hit the ground running! The first quarter is underway, and every play counts as we work toward our academic goals. Whether you're tackling tough virtual assignments or scoring touchdowns on your exams, remember that the effort you put in now sets the tone for the rest of the year.



In football, it's all about teamwork, strategy, and perseverance—and the same goes for your time in the virtual program. Stay focused, lean on your virtual coach and teachers when you need support, and keep pushing toward the end zone. Each lesson is a chance to move the chains and get closer to completing your courses!

SEPTEMBER CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 	2 	3 	4 	5	6
7 	8 	9 Wine Cellar Park Hike	10 	11 	12	13
14 	15 	16 	17 	18 	19 	20
21 	22 	23 	24	25 	26	27
28 	29 	30 				

← Elementary Checkpoint Assessments →



KEENEY'S KORNER

Middle school students, do you have a question about Schoology? You can join Mrs. Keeney every **Monday** at **1:00 PM** for a Schoology conference in your homeroom course.



CWST ENROLLMENT

Do you have a job? If so, did you know that you can earn high school credit while working? Our Careers and Work Skills Training program is designed for students like you, who are gaining valuable experience in the workforce. By enrolling in this program, you can turn your job into a learning opportunity and earn credit toward your high school diploma.

This is a fantastic way to build your resume, develop essential skills, and get a head start on your career—all while continuing your education. If you're interested or want to learn more, reach out to your virtual coach!

FREE TUTORING

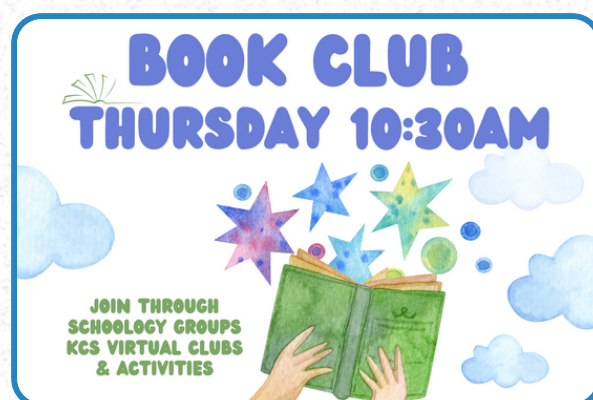
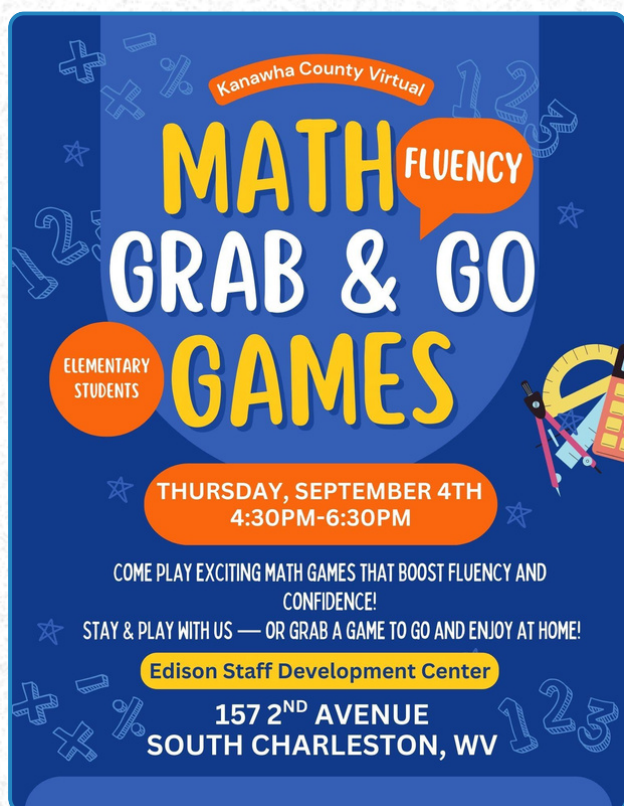
FREE TUTORING!

Option 1: In Person Setting
When? 4-6 PM on Tuesdays and Thursdays
Where? KCS Virtual North Charleston Campus
1900 School St. Charleston, WV 25387
Directions: Park in the back parking lot and follow the blue KCS Virtual signs to the entry way

Option 2: Online Setting
When? 10:00am-10:00pm EST, anytime!
Where? Go to TutorWV.com
Directions: On the website, click "Connect Now," under Get Help with School Work click "Connect with a Tutor," and select your subject!



ELEMENTARY ACTIVITIES



SENIOR SNIPPET

Attention Seniors! A Virtual Class of 2026 Schoology group has been created, and several scholarship opportunities have already been posted. Be sure to sign up for notifications so you don't miss out on important updates.

Parents of Seniors: If you would like to join the group as well, please email acampbell@mail.kana.k12.wv.us to receive the access code.



SCHOOLGY PARENT ACCOUNTS



Parents/guardians must create a Schoology Parent Account at www.schoology.com using the 12-digit code from the virtual coach. Click Sign Up, enter the code, complete the form, and register. Contact your virtual coach for help.



ADVICE WITH AMI

Mindfulness is the simple practice of paying attention, on purpose, to what is happening right now—our thoughts, feelings, and surroundings—without judgment. For children, it means slowing down and noticing how they feel, what's around them, and how they want to respond, instead of just reacting.

Research shows that mindfulness helps kids:

- Improve focus and attention
- Manage stress and big emotions
- Build empathy and kindness
- Make calmer, more thoughtful choices

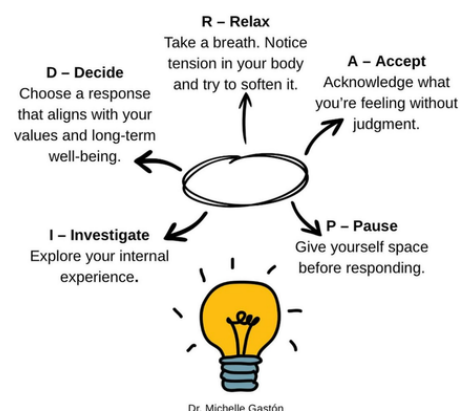
When children practice mindfulness regularly, they strengthen their ability to self-regulate, which supports both learning and positive relationships. One simple mindfulness strategy that can help your student is the R.A.P.I.D. technique.



Ami Campbell
KCS Virtual Counselor
acampbell@mail.kana.k12.wv.us

R.A.P.I.D Technique

"RAPID" technique: is a mindfulness-based tool often used for emotional regulation, stress reduction, and self-awareness. It helps a person respond more intentionally rather than reacting impulsively.



HELPFUL TIP

Students' achievement can be greatly impacted by the schedules they follow while learning from home! We recommend that you follow a schedule that mirrors what your daily schedule would look like in an in-person learning environment while adding the flexibility and independence that the Virtual program offers. If you would like assistance developing a schedule that works for you and your family, please contact your Virtual Coach.

COUNTY PARTNERSHIPS

We're excited to share that the KCS Virtual Program has partnered with Wayne County, Hampshire County, Lincoln County, and Putnam County Schools! Our team is now supporting their virtual programs and serving students in these districts. We look forward to reaching even more learners across West Virginia and continuing to provide high-quality virtual education.

